

Growth Planning Life-Skill #8

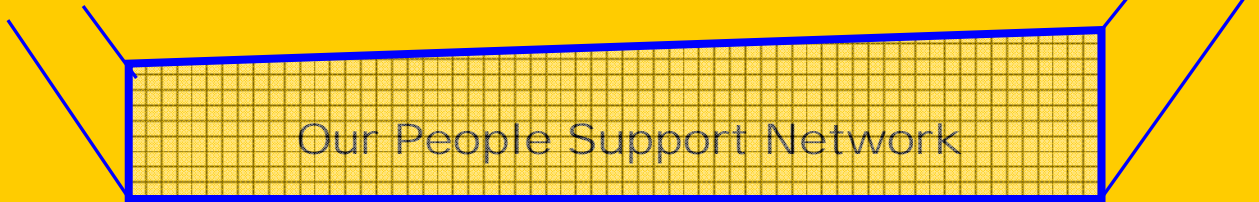
BEING ABLE TO LEARN & BOUNCE BACK FROM MY INEVITABLE MISTAKES, FAILURES & LOSSES IN MY LIFE

- ▶ It's not a matter of IF we fail or have a major loss in our life, but what we do about it WHEN we do.



MISTAKES, FAILURES and LOSSES are a natural and necessary part of learning and of simply being alive.

- ▶ When we make a mistake, fail, or experience a loss, LEARN FROM IT!! Then, visualize our next success ... AND GO FOR IT!!!
- ▶ It is in these times, that we must rely on our inner faith and our people support network to move us to the next stage of our life.



- ▶ **What mistakes, failures or losses have you experienced in your life ... and what have you learned from them ?**

GROWTH PLANNING LIFE-SKILL #8 ANALYSIS & MEASUREMENT FORM

Being Able To Learn & Bounce Back From My Inevitable Mistakes, Failures, & Losses In My Life

List 2 PAST situations when you (or someone you know) did use this Life-Skill?	1) _____ 2) _____
List 2 FUTURE situations when you (or others you know) could use this Life-Skill?	1) _____ 2) _____
To what extent are you demonstrating this Life-Skill in your everyday life RIGHT NOW?	<p style="text-align: center;">[circle one number]</p> <p style="text-align: center;"> I AM NOT ← → I AM </p> <p style="text-align: center;"> Demonstrating This Life-Skill Now In My Everyday Life ← → Demonstrating This Life-Skill Now In My Everyday Life </p> <p style="text-align: center;">0 1 2 3 4 5 6 7 8 9 10</p>